

Tree Response to Love: A Non-Local Experiment

Imagine if human love could actually nourish a tree. Could collective love and appreciation ripple across distance and spark a change in nature itself?

A large group of approximately 380 people from around the globe participated in a non-local experiment sending love and appreciation to one of four Sugar Gum Maple trees for 10 minutes each day over 4 consecutive days. Participants joined a scheduled zoom meeting each day and were guided in a 10-minute heart focused meditation directing love and appreciation to the tree. During the meditation, a live video of the tree was spotlighted to help participants energetically connect with the tree that was being focused on. The other three nearby trees were the same species, and all of them were planted at the same time, around 25 years ago and served as the controls for the experiment.

The tree receiving the focused love (top black trace below) responded with increased amplitude in the circadian rhythm amplitude after the first day of the experiment, which is a key indicator of a tree's health.

